

If you know that you are prone to motion sickness you should carry with you any medication you use from home.

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There are sanitary services exclusively for emergencies. The bus will make stops at rest areas along the route to allow for time to stretch and use of sanitary services.

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You may consume only foods that will not soil the bus. Remember that the bus is used by the group for the whole day; it is like your private vehicle. However, it is not only for your family, it is for the the whole group, and as such, it should be kept clean and safe for the whole group.